

Turmeric

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Turmeric - Curcuma Longa

Turmeric “**the golden spice of life**” is one of most essential spice used as an important ingredient in culinary all over the world. Turmeric is a tropical plant perennial herbs, curcuma domestically cultivated in India since ancient time. As early as 3000 B.C., the turmeric plants were cultivated by Harappan civilization. Turmeric belongs to ginger family Zingiberaceae.

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Turmeric Powder

This yellow spice with subtle flavor is called turmeric powder obtained from dried grounded underground stem “**rhizome**”. The rhizome of the turmeric is yellowish orange tuberous juicy stem. The outer part of rhizome is covered with segmented yellowish brown color. Turmeric is a strong dyeing agent creating permanent stain on cloths with just drop of turmeric juice from rhizome.

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Turmeric usage dates back from 3000 B.C. in India. From a significant part in daily cuisine to treating diseases like cancer, turmeric is beneficial to mankind. It is impossible to think of Indian food without turmeric. Today, turmeric has found application all over the world in various purpose such as medicinal purpose, cosmetic purpose, dyeing and coloring purpose. Woman in India apply turmeric before taking bath as its antibacterial property protects the skin from infects and protects it from harsh sunlight.

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Turmeric FAQs

Get answers to different queries on turmeric such as:

- [What is turmeric?](#)
- [What is origin of turmeric?](#)
- [Which part of turmeric is used for culinary purpose?](#)
- [What is kunkuma?](#)

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